MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE
10:00AM - 11:00AM	10:00AM - 11:00AM	10:00AM - 11:00AM	10:00AM - 11:00AM	10:00AM - 11:00AM
ENGLISH CLASS	PENSION SURGERY	YOGA	BOLTON MARKET TRIP	MOVIE
11:00AM - 12:00PM	9:30AM - 11:30AM	11:00AM - 12:00PM	11:00AM - 12:00PM	11:00 - 1:30PM
	COMPUTER CLASS		CHAIRBASED EXERCISE	
	11:00AM - 12:00 PM		11:00AM - 12:00PM	
MEALS SERVED	MENS HOLLISTIC THERAPY	MEALS SERVED	MEALS SERVED	MEALS SERVED
12:00PM - 1.00PM	10:45AM - 12:00PM	12:00PM - 1.00PM	12:00PM - 1.00PM	12:00PM - 1.00PM
	MEALS SERVED	ARTS & CRAFT	<u>BINGO</u>	FACIAL THERAPY
	12:00PM - 1.00PM	1:00PM - 2:30PM	1:30PM - 2:00PM	12:30PM - 3:00PM
TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE	TEA & COFFEE
1:30PM - 2:30PM	1:30PM - 2:30PM	1:30PM - 2:30PM	1:30PM - 2:30PM	1:30PM - 2:30PM
OPEN COMPUTER CLASS	OPEN COMPUTER CLASS	OPEN COMPUTER CLASS	OPEN COMPUTER CLASS	OPEN COMPUTER CLASS
1:00PM - 3:00PM	1:00PM - 3:00PM	1:00PM - 3:00 PM	1:00PM - 3:00 PM	1:00PM - 3:00PM
BOARD GAMES	BOARD GAMES	BOARD GAMES	BOARD GAMES	BOARD GAMES
1:00PM - 3:00PM	1:00PM - 3:00PM	1:00PM - 3:00PM	1:00PM - 03:00PM	1:00PM - 3:00PM